Side Notes: Sometimes when we are troubled, our first reaction may be to feel angry or aggressive. However, when faced with my own troubles, I've always found that if I can stay calm, and make an effort to "be still," the comfort of a loving Heavenly Father can be felt. Answers to the current problems and questions I have can be found. When you play this arrangement, think of a time in your own life when you've been troubled and have been looking for peace.



