Side Notes: This song popped in my head after multiple people shared stories about how my music had helped bring peace and calm to them during the previous day. One person had miraculously had a migraine headache go away after listening to one of my songs. Another had a 20 year CD player randomly turn on from inside a closet and start playing my calming music after going through a particularly stressful experience. And right before this song came to me, I had just finished a conversation with a friend who shared that he had lost his mother in the previous year as well as his father in-law. It is amazing to me how music has a way to connect with our emotions. Whether we are in need of a moment of peace, or quiet, or a pump-up song before a game, music somehow connects with our soul and the way we feel. I hope this tune will fit any moment of quiet that you might need during or after a stressful day.

Quiet

Quietly

JASON TONIOLI



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