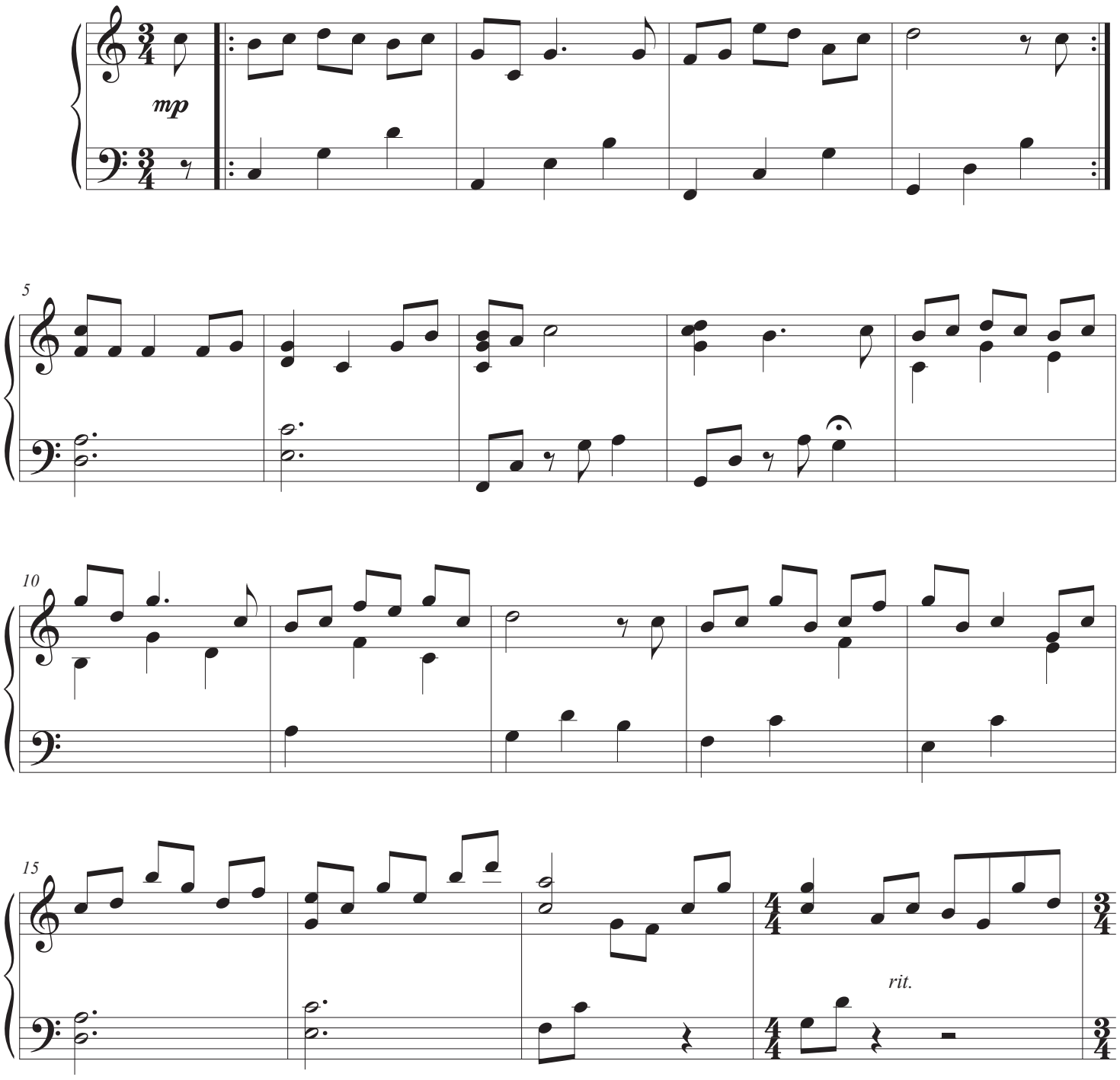Side Notes: I wrote this song in September as the leaves were just starting to change colors. It's amazing to see how quickly the seasons can change from hot summer days to a cool and even sometimes cold evening. The month of September is always busy with back to school and activities, but we all benefit from slowing down sometimes and enjoying things in the moment.

I hope this tune can help you relax, slow down a bit and remember to make time for important relationships we have in our life, especially for our family and friends.

Slow Down

JASON TONIOLI



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